

OCCUPATIONAL Therapy

Occupational Therapy is a health profession that focuses on independence in everyday living by assisting individuals to: maintain ability, develop skills, restore function and promote health.

what

Teaching new ways of doing things.
Modifying the environment where one lives, works, learns and socializes.
Fabricate and prescribe assistive equipment.

where

Community-based programs
General hospitals
Schools
Correctional facilities
Private practice
Mental health facilities
Children's treatment centers
Clients' homes and work places

who

Infants
Children
Adolescents
Adults
Older adults
Geriatrics
One or all of the above

more

Want to find out more?
www.caot.ca www.otworks.ca www.osot.on.ca

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